Ramatuelle

# GIGI RECOVERY LAB

Performance-driven care with visible results

Co-created with the prestigious Swiss skincare house Valmont, these advanced treatments combine cellular science, expert technique, and cutting-edge innovation to deeply hydrate, energise and restore both face and hody.

## Our two signature rituals

Hydration des Bisses: deeply replenishes moisture and restores lasting suppleness to the skin.

Énergie des Glaciers: boosts cellular vitality and radiance using glacial spring water and triple DNA technology.

30MIN - 110€ |H - 190€

## HYDRATION BOOST - HYDRATION DES BISSES

A deeply hydrating facial that restores comfort, radiance, and freshness. Ideal for parched skin or after sun exposure.

## AFTER-SUN REGENERATION - HYDRATION DES BISSES

A comforting post-sun treatment that cools, rehydrates, and soothes. Featuring Valmont's collagen mask and LED therapy to stimulate cell renewal and restore suppleness.

## JET LAG RECOVERY - ÉNERGIE DES GLACIERS

A revitalising face and body treatment featuring drainage techniques, pressotherapy boots, and energising Valmont actives to combat fatigue and restore vitality.

## DETOX & REVITALISATION - ÉNERGIE DES GLACIERS

A purifying and revitalising ritual for both face and body. Combines drainage and high-performance actives for a fresh, light sensation.

# GLOW THERAPY - ÉNERGIE DES GLACIERS

A youth-enhancing facial combining LED light, facial drainage, and Valmont's collagen to visibly plump, smooth and illuminate the complexion.

# GIGI HOLISTIC DOME

## A sanctuary for deep reconnection

These immersive rituals draw on ancient touch therapies and energy balancing to restore harmony from within. Here, the language of touch becomes a journey into self-awareness.

All massages are performed using the exclusive GIGI x Fields of Yarrow oil: A relaxing blend infused with pure magnesium and potent botanical extracts, designed to relieve muscular tension, rebalance energy, reduce stress and support physical recovery.

30MIN - 110€ 1H - 190€

#### SIGNATURE ENERGY MASSAGE

An intuitive, enveloping massage using flowing strokes and acupressure-inspired techniques to awaken energy flow, dissolve blockages and restore inner balance.

### RELAXATION MASSAGE

A soothing, slow-paced massage that invites deep relaxation and calm. Ideal for letting go, unwinding and reconnecting with your inner rhythm.

#### DEEP TISSUE MASSAGE

A targeted, restorative massage designed to release deep-seated muscular tension. Perfect after exercise or during periods of physical fatigue..

#### REFLEXOLOGY & ENERGY BALANCE

Drawing on traditional foot reflexology, this treatment stimulates key pressure points to restore energetic balance and encourage full-body harmony.

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